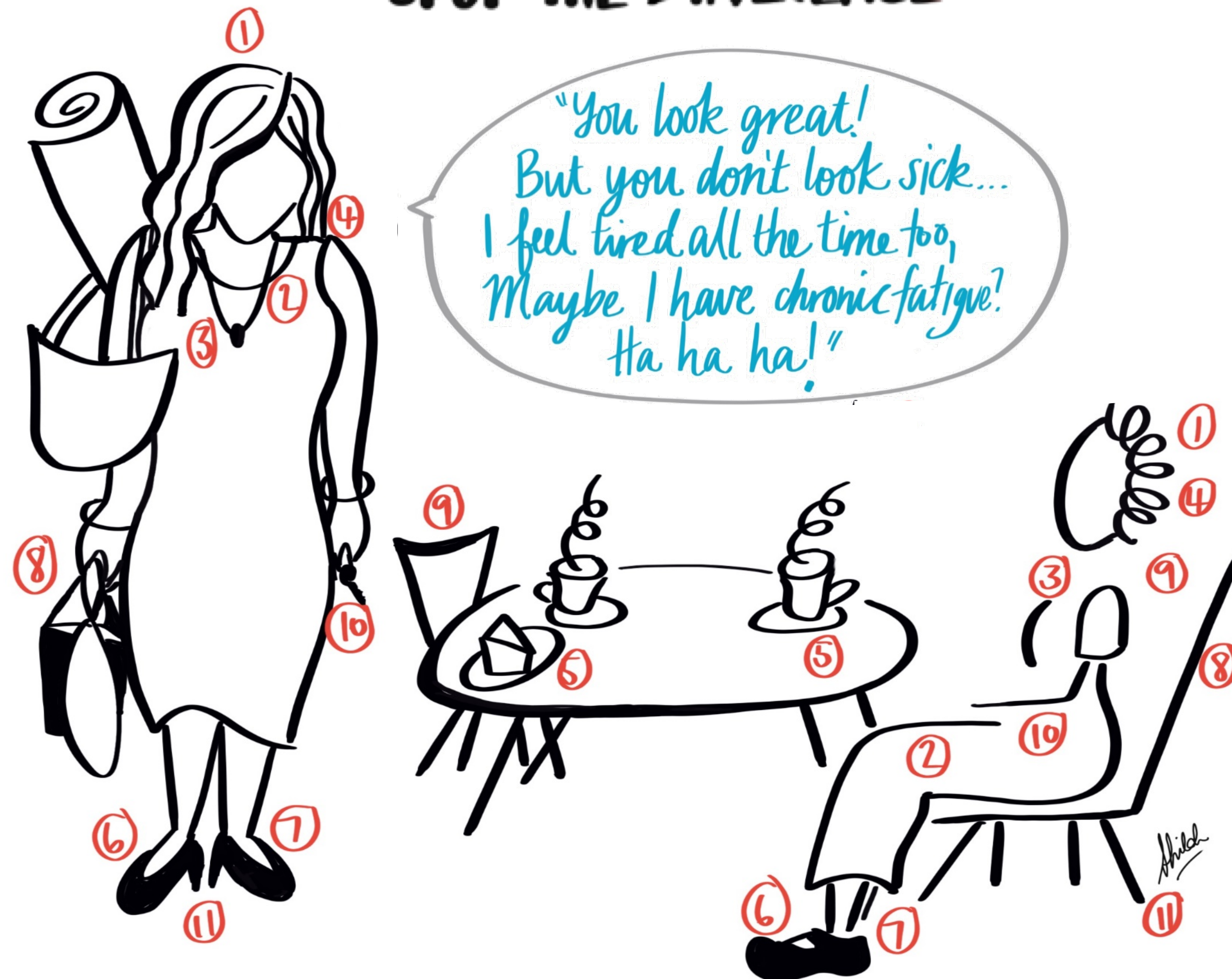


PERSON A:
30 SOMETHING
MARRIED
MOTHER
+ CAREER WOMAN

- 1) Frazzled long hair from morning gym session
- 2) Pretty dress + make-up
- 3) Heavy jewellery
- 4) Favourite perfume
- 5) Large Slice of cake
- 6) High heels
- 7) Feet sore from standing and walking all morning
- 8) Shopping bags from browsing before coffee date
- 9) Barely able to sit still
- 10) Car keys for driving
- 11) Coffee date is the 5th of 10 events today

#MILLIONSMISSING

SPOT THE DIFFERENCE



PERSON B:
30 SOMETHING
SINGLE WOMAN
NO KIDS
+ NO JOB

- 1) Bed- hair, cut short because it causes pain
- 2) Comfortable clothes + no make-up – no energy for fuss
- 3) No accessories as they trigger pain
- 4) No scents or chemicals as she is sensitive and reacts
- 5) No cake due to food intolerances
- 6) Flat shoes with orthotics
- 7) Feet sore from standing at all
- 8) Just got up at 10:30 in time for coffee
- 9) Barely able to sit up long enough for a brief cuppa
- 10) Driven door to door by a carer
- 11) Coffee date is the only non-medical outing or visit from a friend all week. She will need to go home and rest.

HEALTHY BUT OVERWORKED

HAS MODERATE M.E. & FIBROMYALGIA

"WEEKEND GIRLY COFFEE DATE"

BY SHILOH MOORE